

WARD 4

MAPLE SYRUP

▶ FESTIVAL ▶

A Taste of the Past

Join us virtually in the Half Way House kitchen at Black Creek Pioneer Village and mix some Maple Harvest Switchel! Switchel was consumed by farmers in the 19th century to stave off dehydration after a long day in the fields or the sugar bush. This will make one glass of Switchel and can be made right in your glass.

Ingredients

4 tsp of maple syrup

1/4 tsp of ground ginger

1 tbsp apple cider vinegar

1 cup of water

